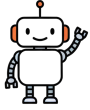
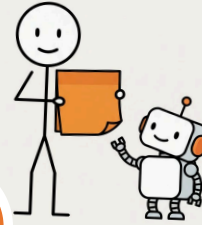


Find the hidden note in your AI chat

A one-page system prompt checklist, in plain English

5
CHECKS



WHY IT MATTERS

Some AI apps start with a hidden note of instructions, called a system prompt. It can set who the AI plays and how it talks, and even give it today's date. Your message comes after it.

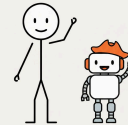
1

Spot the style

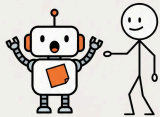
If the AI always sounds the same, a hidden note may be one reason.

Try: Ask: "What are you here to help with?" (it may not tell you everything)

General good practice.



2



Know who ranks first

The instructions from the app's maker are ranked ahead of your message. Yours come second.

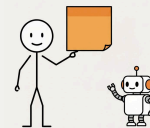
3

Write your own note

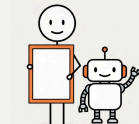
Start a chat with one sentence that tells the AI who to be. A short role can help.

Try: "You are a patient teacher. Use short, simple words."

General good practice.



4



Keep it short

At the start of a chat, say the rules that should last. Ask each new question after that.

General good practice.

5

No secrets in notes

Never put passwords or private details in what you type to an AI.

General good practice.



Rule of thumb: hidden note first, your words second.